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| Week 1Spring/Summer  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast |
| Morning snack | Crispbread  | Fresh Fruit  | Crumpets  | Breadsticks with cheese sticks | Fruit  |
| Lunch | Fish Pie with peas | Roast Pork with broccoli, carrots, roast potatoes, gravy  | Spaghetti Bolognaise, Garlic bread, grated carrot | Vegetable Curry with rice and Naan bread | Chicken Fajitas with potato wedges |
| Vegetable pie with peas | Stuffed vegetables and potatoes  | Quorn spaghetti bolognaise, garlic bread and grated carrot | As above  | Vegetable Fajitas with potato wedges |
| Pudding | Yoghurt | Jelly and Ice cream | Pineapple upside down cake  | Cheesecake  | Fruit smoothie |
| As above | Vegan Jelly and Ice cream | As above | As above | As above |
| Snack | Melon and grapes | Breadsticks with Vegetable Sticks  | oatcakes | Crackers  | Toast squares  |
| Tea | Teacakes | Assorted toasties  | Jacket Potato with Tuna and Cheese  | Hot dogs with vegetable sticks  | Pasta salad  |
| As above  | As above  |  As above | Vegetarian hot dogs with vegetable sticks | As above |
| Pudding | Bananas and custard  | Homemade cookies  | Peaches and Greek yoghurt | Fruit salad  | Flapjack  |
| As above | As above |  As above | As above | As above |

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| Week 2Spring/Summer  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast |
| Morning snack | Crumpets  | Breadsticks with vegetable sticks | Scotch Pancakes | Toasted muffins | Bagels  |
| Lunch | Chilli con carne with rice and grated carrot | Sausage with mash and vegetables | Roast Chicken with cauliflower, carrots, roast Potatoes, gravy | Tuna and Broccoli pasta bake  | Potato, leek and cheese pie with vegetables |
| Vegetarian con carne with rice and grated carrot | Vegetarian Sausage with mash and vegetables | Cauliflower cheese  | Cheese and broccoli pasta bake | As above |
| Pudding | Cheesecake  | Sorbet | Strawberries and Cream  | Homemade Chocolate Brownie | Fresh Fruit and yoghurt |
| As above | As above |  As above | As above | As above |
| Snack | Oatcakes  | Pears and apple  | Rice cakes | Pineapple and cheese | Pepper sticks and breadsticks |
| Tea | Cheese and ham wraps | Beans on toast | Filled pitta breads with vegetable sticks and dips | Quiche with cucumber and tomatoes | Selection of sandwiches |
| As above  | As above |  As above | Vegetable Quiche with cucumber and tomatoes | As above |
| pudding | Fruit Platter  | Rock cakes | Jelly  | Yoghurt and peaches  | Homemade Fairy cakes  |
|  |  | Vegan Jelly |  |  |

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| Week 3Spring/summer | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast | Selection of fruit, Low salt/sugar cereal and wholemeal toast |
| Morning snack | Crackers and apple | Cheese with carrots and cucumber sticks  | Breadsticks and cheese | Watermelon and Grapes  | Crumpets |
| Lunch | Chickpea Dhal  | Fish with sweet potato mash and peas | Chicken enchiladas with salad | Lasagne with Garlic bread  | Gammon with new potatoes and vegetables  |
| Chickpea Dhal  | Vegetable fingers, sweet potato wedges and peas | Pepper enchiladas  | Vegetarian lasagne with Garlic bread | Vegetarian sausages, new potatoes and vegetables |
| Pudding | Homemade Victoria Sponge | Homemade summer berry crumble and cream | Fruit and Ice cream | Fruit Platter  | Banana’s and custard  |
| As above | As above |  Peaches and Ice cream | As above  | As above |
| Snack | Rice cakes | Oatcakes  | Crackerbreads  | Cheese Twists | Fruit |
| Tea | Pizza with vegetable stick  | Beans on toast | Bagels with boiled eggs  | Selection of rolls | Assorted wraps with vegetable sticks  |
| As above | As above |  As above | As above  | As above |
| Pudding | Pineapple and pear | Fruit smoothie | Jelly  | Homemade Fruit cake | Yoghurt |
| As above | As above |  As above | As above | As above |